The Road Not Taken An anthology for National Poetry Day curated by The Reader





About this anthology

National Poetry Day is the annual mass celebration on the first Thursday of October that encourages all to enjoy, discover and share poetry. This year, National Poetry Day takes place on 7th October and the theme is Choice. The Reader has created this anthology in association with Forward Arts Foundation, the organisational and creative force behind National Poetry Day.

The Reader is a national charity bringing about a Reading Revolution across the UK and around the world. We want everyone to experience and enjoy great literature, which we believe is a tool for helping humans survive and live well. Through a growing movement of more than 1,000 volunteers and through our partners we bring groups of people together each week to share and discuss great novels, short stories and poems. We call this Shared Reading.

All the poems in this short anthology take up the theme of Choice, exploring ideas of freedom and free will, how we choose to express ourselves, how we learn to live with the choices we make and how they shape our lives and personalities. This anthology has been put together with Shared Reading in mind, but the poems can be read alone and provide a few quiet moments of reflection.

Many of the poems are taken from The Reader's Bookshelf, a carefully curated selection of literature which shapes our reading and programming each year. Visit www.thereader.org.uk to find out more about this year's Bookshelf.

Turn to the end of this anthology to learn more about The Reader, Forward Arts Foundation and National Poetry Day.



Contents

- 4 'The Road Not Taken' by Robert Frost
- 5 'Poem' by T'ao Ch'ien
- 6 'What If This Road' by Sheenagh Pugh
- 7 'I Go Back to May 1937' by Sharon Olds
- 8 'The God Who Loves You' by Carl Dennis
- 10 'Choice' by Emily Dickinson
- 11 'Often Rebuked, Yet Always Back Returning' by Emily Bronte
- 12 'Book of Genesis' by Kei Miller
- 13 from *Paradise Lost* by John Milton
- 14 'Nuns Fret Not at Their Convent's Narrow Room' by William Wordworth
 - 'Rebus' by Jane Hirshfield

15

16	'Che Fece Il Gran Rifiuto' by C.P. Cavafy
17	'The Mistake' by James Fenton
18	'Phase One' by Dilruba Ahmed
20	'Words' by Edward Thomas
21	Find Out More



The Road Not Taken by Robert Frost



Poem by T'ao Ch'ien translated by Arthur Waley

Two roads diverged in a yellow wood, And sorry I could not travel both And be one traveler, long I stood And looked down one as far as I could To where it bent in the undergrowth;

Then took the other, as just as fair, And having perhaps the better claim, Because it was grassy and wanted wear; Though as for that the passing there Had worn them really about the same,

And both that morning equally lay In leaves no step had trodden black. Oh, I kept the first for another day! Yet knowing how way leads on to way, I doubted if I should ever come back.

I shall be telling this with a sigh Somewhere ages and ages hence: Two roads diverged in a wood, and I -I took the one less traveled by, And that has made all the difference.

from The Collected Poems (Vintage Classics, 2013) Copyright © The Estate of Robert Frost In the quiet of the morning I heard a knock at my door: I threw on my clothes and opened it myself. I asked who it was who had come so early to see me: He said he was a peasant, coming with good intent. He brought a present of wine and rice-soup, Believing that I had fallen on evil days. 'You live in rags under a thatched roof And seem to have no desire for a better lot. The rest of mankind have all the same ambitions: You, too, must learn to wallow in their mire.' 'Old man, I am impressed by what you say, But my soul is not fashioned like other men's. To drive in their rut I might perhaps learn: To be untrue to myself could only lead to muddle. Let us drink and enjoy together the wine you have brought: For my course is set and cannot now be altered.'

from 170 Chinese Poems (Constable, 1987) Copyright © The Estate of Arthur Waley



What If This Road by Sheenagh Pugh

What if this road, that has held no surprises these many years, decided not to go home after all; what if it could turn left or right with no more ado than a kite-tail? What if its tarry skin were like a long, supple bolt of cloth, that is shaken and rolled out, and takes a new shape from the contours beneath? And if it chose to lay itself down in a new way; around a blind corner, across hills you must climb without knowing what's on the other side; who would not hanker to be going, at all risks? Who wants to know a story's end, or where a road will go?

from What If This Road and Other Poems (Gwalch Carreg Cyf, Llanrwst 2003) Copyright © Sheenagh Pugh 2003

I Go Back to May 1937 by Sharon Olds

I see them standing at the formal gates of their colleges, I see my father strolling out under the ochre sandstone arch, the red tiles glinting like bent plates of blood behind his head, I see my mother with a few light books at her hip standing at the pillar made of tiny bricks, the wrought-iron gate still open behind her, its sword-tips aglow in the May air, they are about to graduate, they are about to get married, they are kids, they are dumb, all they know is they are innocent, they would never hurt anybody. I want to go up to them and say Stop, don't do it - she's the wrong woman, he's the wrong man, you are going to do things you cannot imagine you would ever do, you are going to do bad things to children, you are going to suffer in ways you have not heard of, you are going to want to die. I want to go up to them there in the late May sunlight and say it, her hungry pretty face turning to me, her pitiful beautiful untouched body, his arrogant handsome face turning to me, his pitiful beautiful untouched body, but I don't do it. I want to live. I take them up like the male and female paper dolls and bang them together at the hips, like chips of flint, as if to strike sparks from them, I say Do what you are going to do, and I will tell about it.

from *Selected Poems* (Jonathan Cape, 2005) Copyright © Sharon Olds 2005

The God Who Loves You by Carl Dennis

It must be troubling for the god who loves you To ponder how much happier you'd be today Had you been able to glimpse your many futures. It must be painful for him to watch you on Friday evenings Driving home from the office, content with your week -Three fine houses sold to deserving families -Knowing as he does exactly what would have happened Had you gone to your second choice for college, Knowing the roommate you'd have been allotted Whose ardent opinions on painting and music Would have kindled in you a lifelong passion. A life thirty points above the life you're living On any scale of satisfaction. And every point A thorn in the side of the god who loves you. You don't want that, a large-souled man like you Who tries to withhold from your wife the day's disappointments So she can save her empathy for the children. And would you want this god to compare your wife With the woman you were destined to meet on the other campus? It hurts you to think of him ranking the conversation You'd have enjoyed over there higher in insight Than the conversation you're used to. And think how this loving god would feel Knowing that the man next in line for your wife Would have pleased her more than you ever will Even on your best days, when you really try. Can you sleep at night believing a god like that Is pacing his cloudy bedroom, harassed by alternatives You're spared by ignorance? The difference between what is And what could have been will remain alive for him Even after you cease existing, after you catch a chill

Running out in the snow for the morning paper, Losing eleven years that the god who loves you Will feel compelled to imagine scene by scene Unless you come to the rescue by imagining him No wiser than you are, no god at all, only a friend No closer than the actual friend you made at college, The one you haven't written in months. Sit down tonight And write him about the life you can talk about With a claim to authority, the life you've witnessed, Which for all you know is the life you've chosen.

from *Practical Gods* (Viking, Penguin Random House, 2001) Copyright © Carl Dennis 2001





Choice by Emily Dickinson

Of all the souls that stand create I have elected one. When sense from spirit files away, And subterfuge is done;

When that which is and that which was Apart, intrinsic, stand, And this brief tragedy of flesh Is shifted like a sand;

When figures show their royal front And mists are carved away, – Behold the atom I preferred To all the lists of clay!

from *The Complete Poems* (Faber & Faber, 2016)



Often Rebuked, Yet Always Back Returning by Emily Bronte

Often rebuked, yet always back returning To those first feelings that were born with me, And leaving busy chase of wealth and learning For idle dreams of things which cannot be:

Today, I will seek not the shadowy region; Its unsustaining vastness waxes drear; And visions rising, legion after legion, Bring the unreal world too strangely near.

I'll walk, but not in old heroic traces, And not in paths of high morality, And not among the half-distinguished faces, The clouded forms of long-past history.

I'll walk where my own nature would be leading: It vexes me to choose another guide:Where the grey flocks in ferny glens are feeding; Where the wild wind blows on the mountain side.

What have those lonely mountains worth revealing?More glory and more grief than I can tell:The earth that wakes *one* human heart to feelingCan centre both the worlds of Heaven and Hell.

from *The Complete Poems* (Penguin Classics, 1992)

Book of Genesis by Kei Miller

Suppose there was a book full of only the word, let - from whose clipped sound all things begin: fir and firmament, feather, the first whale - and suppose

we could scroll through its pages every day to find and pronounce a Let meant only for us we would stumble through the streets with open books,

eyes crossed from too much reading; we would speak in auto-rhyme, the world would echo itself - and still we'd continue in rounds, saying let and let and let

until even silent dreams had been allowed.

from There is an Anger That Moves (Carcanet Press, 2007) Copyright © Kei Miller 2007

from Paradise Lost by John Milton

In this extract, Satan jealously watches Adam and Eve in Eden and plots their downfall.

'Sight hateful, sight tormenting! thus these two, Imparadised in one another's arms, The happier Eden, shall enjoy their fill Of bliss on bliss; while I to Hell am thrust, Where neither joy nor love, but fierce desire, Among our other torments not the least, Still unfulfilled with pain of longing pines; Yet let me not forget what I have gained From their own mouths; All is not theirs, it seems: One fatal Tree there stands of Knowledge called, Forbidden them to taste: Knowledge forbidden? Suspicious, reasonless. Why should their Lord Envy them that? Can it be sin to know? Can it be death? And do they only stand By Ignorance, is that their happy state, The proof of their obedience and their faith? Oh fair foundation laid whereon to build Their ruin! Hence I will excite their minds With more desire to know, and to reject Envious commands, invented with design To keep them low whom knowledge might exalt Equal with Gods; aspiring to be such, They taste and die: What likelier can ensue?'

from The Major Works of John Milton (Oxford World's Classics 2008)

Nuns Fret Not at Their Convent's Narrow Room by William Wordsworth

Nuns fret not at their convent's narrow room; And hermits are contented with their cells; And students with their pensive citadels; Maids at the wheel, the weaver at his loom, Sit blithe and happy; bees that soar for bloom, High as the highest Peak of Furness-fells, Will murmur by the hour in foxglove bells: In truth the prison, into which we doom Ourselves, no prison is: and hence for me, In sundry moods, 'twas pastime to be bound Within the Sonnet's scanty plot of ground; Pleased if some Souls (for such there needs must be) Who have felt the weight of too much liberty, Should find brief solace there, as I have found.

from Selected Poetry (Oxford World's Classics, 2008)



Rebus by Jane Hirshfield

You work with what you are given, the red clay of grief,

the black clay of stubbornness going on after. Clay that tastes of care or carelessness, clay that smells of the bottoms of rivers or dust.

Each thought is a life you have lived or failed to live, each word is a dish you have eaten or left on the table. There are honeys so bitter no one would willingly choose to take them. The clay takes them: honey of weariness, honey of vanity, honey of cruelty, fear.

This rebus – slip and stubbornness, bottom of river, my own consumed life – when will I learn to read it plainly, slowly, uncolored by hope or desire? Not to understand it, only to see.

As water given sugar sweetens, given salt grows salty, we become our choices. Each *yes*, each *no* continues, this one a ladder, that one an anvil or cup.

The ladder leans into its darkness. The anvil leans into its silence. The cup sits empty.

How can I enter this question the clay has asked?

from Each Happiness Ringed By Lions: Selected Poems (Bloodaxe, 2005) Copyright © Jane Hirshfield 2001

The Reader 15

Che Fece... Il Gran Rifiuto by C.P. Cavafy

translated by Edmund Keeley

For some people the day comes when they have to declare the great Yes or the great No. It's clear at once who has the Yes ready within him; and saying it,

he goes from honour to honour, strong in his conviction. He who refuses does not repent. Asked again, he'd still say no. Yet that no – the right no – drags him down all his life.

from Collected Poems (Chatto & Windus, 1990) Copyright © C.P. Cavafy 1990



The Mistake by James Fenton

With the mistake your life goes in reverse. Now you can see exactly what you did Wrong yesterday and wrong the day before And each mistake leads back to something worse

And every nuance of your hypocrisy Towards yourself and every excuse Stands solidly on the perspective lines And there is perfect visibility.

What an enlightenment. The colonnade Rolls past on either side. You needn't move. The statues of your errors brush your sleeve. You watch the tale turn back – and you're dismayed.

And this dismay at this, this big mistake Is made worse by the sight of all those who Knew all along where these mistakes would lead – Those frozen friends who watched the crisis break.

Why didn't they *say*? Oh, but they did indeed – Said with a murmur when the time was wrong Or by a mild refusal to assent Or told you plainly but you would not heed.

Yes, you can hear them now. It hurts. It's worse Than any sneer from an enemy. Take this dismay. Lay claim to this mistake. Look straight along the lines of this reverse.

from Yellow Tulips: Poems 1968-2011 (Faber & Faber, 2013) Copyright © James Fenton 2013

Phase One by Dilruba Ahmed

For leaving the fridge open last night, I forgive you. For conjuring white curtains instead of living your life.

For the seedlings that wilt, now, in tiny pots, I forgive you. For saying no first but yes as an afterthought.

I forgive you for hideous visions after childbirth, brought on by loss of sleep. And when the baby woke repeatedly, for your silent rebuke

in the dark, 'What's your beef?' I forgive your letting vines overtake the garden. For fearing your own propensity to love.

For losing, again, your bag en route from San Francisco; for the equally heedless drive back on the caffeine-fueled return.

I forgive you for leaving windows open in rain and soaking library books again. For putting forth

only revisions of yourself, with punctuation worked over, instead of the disordered truth, I forgive you. For singing mostly may forgiveness gather. Pooling in gutters. Gushing from pipes. A great steady rain of olives from branches, relieved

of cruelty and petty meanness. With it, a flurry of wings, thirteen gray pigeons. Ointment reserved for healers and prophets. I forgive you.

I forgive you. For feeling awkward and nervous without reason. For bearing Keats's empty vessel with such calm you worried

you had, perhaps, no moral center at all. For treating your mother with contempt when she deserved compassion. I forgive you. I forgive

you. I forgive you. For growing a capacity for love that is great but matched only, perhaps, by your loneliness. For being unable

to forgive yourself first so you could then forgive others and at last find a way to become the love that you want in this world.

from Bring Now the Angels (University of Pittsburgh Press, 2020) Copyright © Dilruba Ahmed 2020



19 The Reader

Words by Edward Thomas

Out of us all That make rhymes, Will you choose Sometimes -As the winds use A crack in the wall Or a drain, Their joy or their pain To whistle through -Choose me. You English words?

I know you: You are light as dreams, Tough as oak, Precious as gold, As poppies and corn, Or an old cloak: Sweet as our birds To the ear, As the burnet rose In the heat Of Midsummer: Strange as the races Of dead and unborn: Strange and sweet, Equally, And familiar, To the eye, As the dearest faces That a man knows. And as lost homes are: But though older far Than oldest yew, -

As our hills are, old, -Worn new Again and again: Young as our streams After rain: And as dear As the earth which you prove That we love.

Make me content With some sweetness From Wales Whose nightingales Have no wings, -From Wiltshire and Kent And Herefordshire. And the villages there,-From the names, and the things No less. Let me sometimes dance With you, Or climb. Or stand perchance In ecstasy, Fixed and free In a rhyme, As poets do.

from Collected Poems (Faber & Faber, 2004)



This anthology has been made possible by Forward Arts Foundation, the producers of National Poetry Day.

Forward Arts Foundation believes everyone should have the opportunity to develop creativity and agency by making, experiencing and sharing poetry. We aim to promote public knowledge, understanding and enjoyment of poetry in the UK and Ireland. We are committed to widening poetry's audience, honouring achievement and supporting talent. Our programmes included National Poetry Day, the Forward Prizes for Poetry and the Forward Book of poetry, an annual anthology of the year's best poems.

The Reader is a registered charity using the unique power of literature to build warm and lively communities and improve wellbeing. We rely on many different kinds of support to continue the work we do and there are lots of ways for you to get involved.

Join a group

Experience the joy of reading aloud together in a Shared Reading group for free and for everyone. Visit www.thereader.org or call 0151 729 2200 to find a group near you.

Become a Volunteer

Want to make amazing things happen? The Reader is looking for people of all skills, interests and ages to be part of our next chapter. You'll become part of a warm family and get all the training and support you need. Visit https://www.thereader.org.uk/get-involved or call 0151 729 2200.

Support us

The generous support of individuals and organisations to help us change lives through Shared Reading across the UK. Your support is vital and every penny counts. Find out how you can donate, fundraise or become a Reader Friend at www.thereader.org/get-involved/support-us

Copyright: Every effort has been made to trace the copyright holders and obtain permission to reproduce copyright material. The publishers would be grateful to be notified of any errors or omissions.

The Reader 21

With thanks to:





Supported by players of



